



Leland H.S.

Leland High School
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LELAND HIGH SCHOOL NEWS - Week of August 24, 2009

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Leland Website

We have had some recent changes to our webserver. Both addresses, "www.lelandhigh.org" and "leland.sjUSD.org", will now work both inside and outside our school network. Thank you for your patience.

Schedule Changes

Thanks so much to everyone for their patience and support. This week we have begun to address the requests such as changing an elective, dropping an elective, and adding a second science class. We will grant these requests as long as there is room in the classes. Wait lists have been generated for requests for classes that are full. Schedules that have been completed have been sent directly to the students during the school day, as well as notifications if we cannot complete their requests along with the reason for the denial. All requests will be completed by August 31.

Fall Sports Meeting

Mandatory for all fall sports' athletes and parents

Our first sports meeting of the year will be held on Thursday, August 27th at 7p.m. in the main gym. We will begin with our general session at 7p.m., which will be followed by individual team break-out meetings. Attendance is mandatory for all fall athletes and their parents.

The make up meeting will be held at 7:15 on Friday, August 28th in the Faculty Dining Room. Please contact Athletic Director, **Pam Headley**, if you have questions or concerns. She may be reached at 535-5290 or via email at Pam_Headley@sjUSD.org

Back to School Mixer: NEON Theme

This year's welcome back dance will be held on Friday, August 28th from 8-11 in the school cafeteria. Tickets will be sold on stage and in the bank at lunch and after school for \$5 until Thursday, August 27th. Spirit points will be given based on class colors worn to the dance:

- Seniors - lime green
- Juniors - hot pink
- Soph. - neon orange
- Fresh. - neon yellow

Upcoming Events

August 2009

27th @ 7 p.m.

Fall Sports Meeting

GYM

28th @ 8 p.m.

Back to School Mixer

Cafeteria

Aug. 31st-Sept. 4th

Spirit Week

Leland

September 2009

3rd @ 6 p.m.

Back to School Night

Leland

3rd @ lunch

Freshman Elections

Leland (Photo ID required to vote)

4th

In-Class Rally

Gym ([Rally Schedule](#))

Fall Athletic Requirements

All fall athletes must have a physical and an insurance form completed and turned in to the office **BEFORE** they may begin practice. Forms are available in the School Administration office. Please see **Lissa Slover** at the Sports Desk in the main office.

Elementary School TA

Williams Elementary school is currently seeking high school students to help make a positive difference in a child's and a teacher's life. From grading papers and computer work, to working 1:1 with students, Elementary TA is an off campus class offered to students in grades 10 through 12. If this sounds like a class you would like to hear more about please pick up a flyer in the front office, contact Mrs. Kennedy at Leland, or call Mrs. Cressio at Williams Elementary School 535-6196.

New Leland Apparel

We have new Leland apparel being sold in the school bank. Items can be found on the school website. 7 new sweatshirts and 2 new t-shirts, beanie, day packs and lanyards. Purchase your Charger gear today!

Got SPIRIT?

Spirit Week (August 31 – September 4)

Be sure to remind your child to participate in next week's SPIRIT activities! Next week's "dress-up" days are as follows:

Monday – Leland Gear Day

Tuesday – Tie Dye Day

Wednesday – Superhero Day

Thursday – Patriotic Day

Friday – Class Colors Day (Freshmen: Yellow; Sophomores: White; Juniors: Columbia Blue; Seniors: Navy Blue)

Please remember to make all outfits school appropriate. If you have questions about what may or may not be acceptable, feel free to contact Victoria Kim at victoria_kim@sjusd.org or at 535-6290 X208.

Our **first in-class spirit rally** for 2009/2010 will be held on Friday, September 4th. We will be following an [adjusted schedule](#).

We will end our spirit week with the Kick-off Football Game (JV: 4:30pm & Varsity: 7:00pm). Join us for a tailgate party hosted by the Booster Club and catered by Famous Dave's BBQ! Support Leland Booster's by purchasing a ¼ chicken, 2-rib + sides dinner for \$20! Go Chargers!

Preparing for the SAT or the ACT?

To Enroll in any preparation option, Call **1-877-REV-PREP** or Visit www.revolutionprep.com Read below for more information...

4th @ 5:30pm

Famous Dave's Tailgate Party

Leland Basketball Courts

4th @ 4:30pm & 7:00pm

Kick-off Football Game

Pat Tillman Stadium

7th

Labor Day

No School

11th @ noon

Club Rush Day

QUAD

Mock SAT's and ACT's

Taking a mock exam is a valuable way for students to find out areas of strength and weakness on college admission exams. The following will be held in the ITC (library):

Mock SAT: Saturday, August 29th from 9am-1pm

Mock ACT: Saturday, September 12th from 9am-1pm

Follow-up Workshop: Tuesday, September 15th from 6:30pm-8pm

Cost: \$15 per test (\$25 for both). All proceeds benefit the College and Career Center.

SAT and ACT Prep Courses at Leland

Our 6 week courses include 5 practice exams, our innovative curriculum, awesome teachers, and a 200-point score improvement guarantee!

Prep Class leading up to the Oct. 10th SAT starts Saturday, August 29th

Prep Class leading up to the Oct. 24th ACT starts Tuesday, September 15th

Prep Class leading up to the Nov. 7th SAT starts Saturday, September 26th

Revolution Prep One-on-One Private Tutoring

We'll match you with a tutor that is right for you. Our private tutoring students take proctored practice tests, get our online course for free, and receive a 250-point score improvement guarantee!

Junior College Courses Taken on Leland Campus - New enrollment procedure:

In order to streamline and clarify the enrollment and credit process for our students, Leland and our partner junior colleges have started a new process for the 2009-2010 school year.

Students who wish to take the following courses at Leland this year:

- **American Sign Language (San Jose City College)**
- **Differential Equations/Inter Calc (San Jose City College)**
- **Intro to Business/Business Law (West Valley)**

Students **MUST** register for these classes through the Junior College enrollment application process. This includes obtaining the application form and R-40 form from the Admissions Office or their website. The forms then need a Leland approval signature before they go back to the Junior College for processing. The JCs may require the students to take an assessment, so it is best to do this soon so there is time to schedule it.

After the course is completed, students who want the grade and credits for this course on the student's high school transcript, must bring the JC report card or transcript in to the Leland Registrar, Karen Johnson, to have the credit and grade applied to the high school transcript. Contact Dorothy Kennedy, AP Instruction, if you have questions @ 535-6290 x299

If you have already enrolled in one of these classes, look for signs posted around the office for start dates and room numbers.

Open Source - free online tutorials

Below is a site that has free Middle and High School online tutorials. Many are animated tutorials that can be used as enrichment, support or as an augmentation to lessons taught in class.

<http://www.montereyinstitute.org/nroc/nrocdemos.html>

NROC course content is an Open Educational Resource (OER) and is available at no cost for individual use here at our website. If your organization would like to integrate NROC content into your institutional curriculum, please contact us for information about NROC Network membership at info@montereyinstitute.org.

Leland Handbook Review

Last Thursday, during T-Period, students received the 09/10 Leland Student Handbooks. The students reviewed the contents of the book in class. We encourage all parents to review the handbooks as well. There is a lot of valuable information including testing dates, grade report dates, college information, etc. Students also attended grade-level assemblies last Friday where administrators officially welcomed them to school, reviewed school rules and policies, and provided additional pertinent information about various topics such as school events, community service, student support services, and more.

Attention Golfers!!! Leland Booster Club Golf Tournament: "The Charger Invitational"

Sept 25th, 2009 at Santa Teresa Golf Course - Shotgun Start 1:00 pm. For more information please [read the flyer](#) & contact Liz Marino at jimlizmarino@sbcglobal.net

Need Community Service Hours?

- The City of San Jose's Redevelopment Agency is looking for high school students who might be interested in making a mural for the North wall of 250 Stockton. Contact Miss Kim at victoria_kim@sjusd.org to sign up.
- Volunteer Center of Silicon Valley: For volunteer opportunities, go to www.vcsv.us to find an opportunity that fits well with your interests. Be sure to ask if the organization is a NON-PROFIT organization.

Pandemic H1N1

An update on Pandemic H1N1 (the new term for Swine Flu):

-Pandemic H1N1 is currently a relatively mild form of the flu, presenting with fever, congestion, cough, runny nose and sometimes vomiting. Unlike seasonal flu, H1N1 the worst infections seem to be amongst the 5-24 year old age group. Pregnant women are at higher risk and should contact their doctor if they become symptomatic.

-Santa Clara County has experienced a high number of Pandemic H1N1 cases over the summer, which is very unusual for influenza.

Pandemic H1N1 (Continued)

-The Public Health Department is currently not anticipating school closures due to Pandemic H1N1. Decisions to close schools will be made on a case-by-case basis by the Public Health Officer.

-Staff and students at San Jose Unified School District (SJUSD) elementary through high schools who are ill with flu-like symptoms may not return to work until they are fever free (without medication) and without productive cough or sore throat for a minimum of 24 hours. This is a change from last year.

-The best prevention strategies for the flu remain to be hand-washing and covering coughs.

-H1N1 vaccines will not be available until late October- at the earliest. The CDC will prioritize who should get the vaccine. Currently, children 6 months to 18 years are a priority.

-The CDC is recommending everyone get a season flu shot. While this will not protect against H1N1, it will help keep the number of flu illnesses down overall and protect people for getting the seasonal flu- keeping them stronger to combat H1N1.

Kick-off Football Game

Be sure to join us for our first home football game on Friday, September 4th in the Pat Tillman Stadium. We will start this year with a TAILGATE PARTY catered by Famous Dave's BBQ! BBQ dinner includes 2 ribs, ¼ chicken, potato salad, beans, corn muffin, and a drink for \$20. All proceeds go to the Leland Booster Club. Dinner will be ready at 5:30 (JV half-time). The JV game begins at 4; Varsity begins at 7:00.

Donation Request

Due to budget shortfalls for the 2009-2010 school year, the San Jose Unified School District will not be able to fund magazine subscriptions for our library. Our magazines are an important part of our research materials for the students to use for class projects. It is important to maintain continuity because breaks in the collection cannot be replaced. Leland is requesting that the following magazine subscriptions be donated to the school library:

American History
Foreign Affairs
Journal of Modern History
National Geographic
Newsweek
People
Popular Science
Sports Illustrated (School Edition)

Please contact the school librarian, **Maureen Stanaway**, at 535-6290 or via email at maureen_stanaway@sjusd.org for additional questions.

ASB Officers for 2009-2010

Michelle Hsieh, President
Zade Shakir, Vice President
Megan Mogannam, Treasurer
Sam Pandey, Secretary

Class Officers for 2009-2010

The following students were elected to represent their respective classes in the 2009-2010 school year:

SENIOR CLASS OFFICERS:

Florence Wong, President
Jocelyne Cardona, Vice President
Andrew Garg, Secretary
Eiden Babaoghli, Treasurer

JUNIOR CLASS OFFICERS:

Rohan Dave, President
Anhad Bhurji, Vice President
Beneel Babaei, Secretary
Nina Singhal, Treasurer

SOPHOMORE CLASS OFFICERS:

Christina Nguyen, President
Mark Syn, Vice President
Melissa Carl, Secretary
Aneeka Patel, Treasurer

Freshman Officers

Freshman officer election week will begin on Monday, August 31st and will end with elections held on Thursday, September 3rd. Results will be announced at the in-class rally on September 4th. All interested candidates must turn in a completed application by August 25th to Ms. Jeziorski in J-9. For more information, contact Assistant Principal of Activities, **Victoria Kim**, at 535-6290 x208 or via email at victoria_kim@sjusd.org.

Community Service Hours

Reminder – Important Information:

Students are required to complete 40 hours of community service. We recommend that students complete 10 per year. Juniors and Seniors will need to be up-to-date with their Community Service hours to attend their respective formal dances.

Please remember the following for community service requirements:

- Must be done through a NON-PROFIT organization; the organization must have a 501C3 tax ID number to prove their non-profit status

Community Service Hours (Continued)

- Service must not be affiliated with any religious teachings. This includes setting up for church services, Sunday School, helping out in the nursery during a church service, vacation bible schools, bible studies, etc. PLEASE see Miss Kim if you have any questions regarding the approval of community service completed through a church or religious organization
- No more than 8 hours per day may be rewarded
- Service completed through week-long camps during the school year may only be rewarded 20 hours maximum for the entire week
- Service must be completed outside of the regular school day

Please be sure to read the back of the Community Service Time Sheet available in Miss Kim's office and the school bank.