

## **H1N1 Influenza At School– What is SJUSD doing?**

**October 21, 2009**

SJUSD is working under the direction of the Santa Clara County Public Health Officer to follow all protocols regarding H1N1.

### **What is SJUSD doing to track H1N1 Influenza?**

- Health Clerks, School Nurses, and Attendance Clerks are working together to track attendance and absences at each school site and reporting to SJUSD Health Services Department.

### **What happens when students have flu like symptoms or have been identified with positive Influenza A?**

- At this time Public Health has given the direction that exposure notices are not necessary when cases of H1N1 have been identified at the school sites.
- When 20% of a classroom or grade level is out ill at an individual school site, a “Fighting the Flu” notice created by Public Health will be sent out to all parents at that school site and Public Health is notified of the absentee rates.
- When 20% or more of the student population at an individual school site is out ill, a “Fighting the Flu” notice created by Public Health will be sent out to parents at that school site and Public Health is notified of the absentee rates.

### **What happens when a SJUSD student is hospitalized with confirmed H1N1?**

- We will continue to follow the protocols of the Public Health Officer.
- Exposure notices are not necessary per Public Health protocol.
- We will continue to monitor the attendance rates at the school site and if 20% of the students are absent in a school, classroom, or grade level we will follow the protocol above.
- While respecting the student’s confidentiality we will carefully monitor the class that the student attends.

### **How is SJUSD Fighting the flu?**

- Students with Influenza Like Illness (ILI) will be sent home from school.
  - ILI = fever and cough, sore throat, and/or nasal congestion
- Students must stay home if they are sick and stay home until they have been fever free for 24 hours without fever reducing medication.
- Students are encouraged to wash their hands often, cover their cough and/or sneeze, and keep their hands away from their mouth and nose.
- Students are encouraged to get both the seasonal and H1N1 influenza vaccination.

Remember, the symptoms and severity of pandemic H1N1 and seasonal flu are very similar. Most healthy children and adults will recover from the flu without any special medical attention. If symptoms worsen and you are concerned contact your medical provider.

As guidelines from the Public Health Department change we will keep you informed. You can also access the SJUSD website at: [www.sjUSD.org](http://www.sjUSD.org) for more information.